# Resources for Asian Heritage Month

## Film

**National Film Board of Canada:**

Asian Communities in Canada: <https://www.nfb.ca/channels/asian-heritage-month/>

## Books

**Recommendations from the North Bay Public Library**

Non-Fiction  
Listen to the Squacking Chicken by Elaine Lui

Forgiveness: a gift from my grandparents by Mark Sakamoto

Fiction  
Emergency Contact by Mary H.K. Choi

Ru by Kim Thúy

**Ottawa Public Library:**

[Mois du patrimoine asiatique – adultes](https://ottawa.bibliocommons.com/list/show/354296247/1886178839): <https://ottawa.bibliocommons.com/list/show/354296247/1886178839>

Asian Heritage Month – Adults: <https://ottawa.bibliocommons.com/list/show/354296247/1886178109>

**Toronto Public Library**

Reading List for Adults: <https://account.torontopubliclibrary.ca/shared/asian-heritage-2021-adult-reading-list/xjuAXo3jwt6iJxTaHyYMxyOaeaaA6mdxwwk0abUmlOqwfZ9VUn>

Reading List for Teens: <https://account.torontopubliclibrary.ca/shared/asian-heritage-2021-teen-reading-list/jpmMTp9OenwdHzb1jWTaBWP3g1v5OIgvdRQ5l2NanAJaSeXaWu>

Reading List for Children: <https://account.torontopubliclibrary.ca/shared/asian-heritage-2021-childrens-reading-list/A457kiA5ra9Rp18wrG46bRNNHqo3AgbE7ZmV0tydc9eT41Tam8>

Stop Asian Hate: <https://account.torontopubliclibrary.ca/shared/stop-asian-hate-recommended-reading/6CgFDPWRLKSrFrAgoFeg7u8g9tjVQg3Eq0PqAmmrollfLnIBNk>

**Available at the Harris Learning Library**

China

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| Mencius | Mencius | B128.M33 E54 1963 |
| Chinese mythology : an introduction | Birrell, Anne | BL1825 .B57 1993 |
| The way of Chuang-tzŭ | Zhuangzi | BL1900.C5 M4 1969 |
| Tao te ching | Laozi | BL1900.L3 F46 1972b |
| Beyond the Amur : frontier encounters between China and Russia, 1850-1930 | Zatsepine, Victor | DK771 .A3 Z36 2017 |
| Riding the iron rooster : by train through China | Theroux, Paul | DS712 .T446 1988 |
| Caves in the desert : travels in China | Woodcock, George | DS712 .W66 1988 |
| Life in ancient China | Challen, Paul C. | DS721 .C47213 2005 |
| Science and civilisation in China | Needham, Joseph | DS721 .N39 |
| China : a history | Keay, John | DS735 .K43 2009 |
| The Opium War : drugs, dreams and the making of China | Lovell, Julia | DS757.5 .L58 2012 |
| Forgotten ally : China's World War II, 1937-1945 | Mitter, Rana | DS777.53 .M555 2014 |
| Modern China : a very short introduction | Mitter, Rana | DS779.23 .M57 2016 |
| The Yellow River : a 5000 year journey through China | Sinclair, Kevin | DS793.Y45 S56 1987 |
| Escape to gold mountain : a graphic history of the Chinese in North America | Wong, David H. T. | FC106 .C5 W65 2012 |
| Middle power, middle kingdom : what Canadians need to know about China in the 21st century | Mulroney, David | FC251.C5 M84 2015 |
| Unlikely partners : Chinese reformers, Western economists, and the making of global China | Gewirtz, Julian B. | HC427.92 .G478 2017 |
| Rural China on the eve of revolution : Sichuan fieldnotes, 1949-1950 | Skinner, G. William | HN740 .S54 S55 2017 |
| Queer/Tongzhi China : new perspectives on research, activism and media cultures | Engebretsen, Elisabeth L. | HQ73.3 .C6 Q447 2015 |
| The Tao of life stories : Chinese language, poetry, and culture in education | Li, Xin | HQ1767 .L497 2002 |
| The arts of China | Sullivan, Michael | N7340 .S92 1999 |
| How to read Chinese paintings | Hearn, Maxwell K. | ND1040 .H43 2008 |
| A young painter : the life and paintings of Wang Yani-- China's extraordinary young artist | Zheng, Zhensun | ND1049.W3435 C4 1991 |
| Mouse vs. cat in Chinese literature : tales and commentary | Birrell, Anne | PL2265 .I34 2019 |
| The analects of Confucius (unabridged) | Confucius | PL2478 .L335 1998 |
| Maples in the mist : poems for children from the Tang Dynasty | Ho, Minfong | PL2658.E3 M36 1996 |
| Planet Hong Kong : popular cinema and the art of entertainment | Bordwell, David | PN1993.5.H6 B63 2000 |
| Shenzhen : a travelogue from China | Delisle, Guy | PN6733.D44 S5413 2006 |
| War trash | Jin, Ha | PS3560.I6 W37 2004 |
| Little White Duck : a childhood in China | Martínez, Andrés Vera | PZ7.7 .M373 L58 2012 |
| Boxers | Yang, Gene Luen | PZ7.7 .Y36 B69 2013 |
| Chinese fairy tale feasts : a literary cookbook | Yee, Paul | PZ8 .Y44 C45 2014 |
| China : the photographs of Edward Burtynsky | Burtynsky, Edward | TR706 .B8 2005 |
| Fine art of Chinese cooking | Lee, Su Jan | TX725 .L385 1962 |
| Art of war | Sun-tzŭ | U101 .S95 1963 |
| Mardi Gras made in China | Redmon, David | HD9736.C63 F892 2008 DVD |
| The assassin | Hou, Xiaoxian | PN1997.2.A87 2016 DVD |
| Crouching tiger, hidden dragon | Wang, Dulu | PN1995.9.C47 C76 2000 |
| Hero | Yen, Donnie | PN1997.2 .Y5 2002 DVD |

South Asia

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| The Upanishads | Mascaró, Juan | BL1120.A3 M32 |
| The Bhagavad Gita : a new translation | Flood, Gavin D. | BL1138.62 .E5 2012 |
| Diwali: Festival of Lights | Singh, Rina | BL1239.82 .D58 S56 2016 |
| Myths and symbols in Indian art and civilization | Zimmer, Heinrich Robert | BL2003 .Z5 1972 |
| The Cambridge encyclopedia of India, Pakistan, Bangladesh, Sri Lanka, Nepal, Bhutan, and the Maldives | Robinson, Francis | DS334.9 .C36 1989 |
| Afghanistan : the culture | Banting, Erinn | DS354 .B329 2003 |
| Afghanistan : a cultural and political history | Barfield, Thomas J. | DS357.5 .B37 2012 |
| Modern Afghanistan : a history of struggle and survival | Saikal, Amin | DS359 .S24 2012 |
| Return of a king : the battle for Afghanistan, 1839-42 | Dalrymple, William | DS359.7 .D35 2014 |
| Pakistan : the culture | Black, Carolyn | DS393.8 .B549 2003 |
| Pakistan: The People | Black, Carolyn | DS393.8 .B55 2003 |
| Ancient cities of the Indus valley civilization | Kenoyer, Jonathan M. | DS425 .K43 1998 |
| The last Mughal : the fall of a dynasty, Delhi, 1857 | Dalrymple, William | DS478 .D27 2006 |
| Plants and people of Nepal | Manandhar, N. P. | GN635.N35 M36 2002 |
| Everest, the First Ascent | Tuckey, Harriet | GV199.92 .P84 T83 2013 |
| The complete Kāma Sūtra | Vātsyāyana | HQ470 .S3 V313 1994 |
| Wave | Deraniyagala, Sonali | HV603 2004.S72 D47 2013 |
| Politics and administration in South Asia : a study of politicization of bureaucracy | Rahman, Muhammad Sayadur | JQ98 .A58 R35 2017 |
| The art of ancient India : Buddhist, Hindu, Jain | Huntington, Susan L. | N7301 .H86 1985 |
| Indian Highway | Madden, Kathleen | N7304 .I527 2011 |
| The lives of the Jain Elders | Hemacandra | PK3794.H46 A24 1998 |
| Beyond Bollywood : the cultural politics of South Asian diasporic film | Desai, Jigna | PN1993.5 .I8 D48 2004 |
| Two years eight months and twenty-eight nights : a novel | Rushdie, Salman | PR6068 .U757 T96 2015 |
| Brick Lane | Smith, Ali | PR6101.L45 B75 2003 |
| The Hungry Ghosts | Selvadurai, Shyam | PR9440.9 .S42 H86 2013 |
| The ministry of utmost happiness | Roy, Arundhati | PR9499.3 .R59 M56 2017 |
| The white tiger : a novel | Adiga, Aravind | PR9619.4.A35 W47 2008 |
| Mahābhārata | Buck, William | PS3552.U335 M3 1981 |
| The namesake | Lahiri, Jhumpa | PS3562.A318 N36 2004 |
| A Thousand Splendid Suns | Hosseini, Khaled | PS3608.O832 T52 2007 |
| A place within : rediscovering India | Vassanji, M. G. | PS8593 .A87 Z47 2009 |
| Sold | McCormick, Patricia | PZ7.5 .M13679 S65 2008 |
| The Breadwinner | Tanaka, Shelley | PZ7.7 .T364 B73 2018 |
| Wild India : the wildlife and scenery of India and Nepal | Cubitt, Gerald S. | QH183 .C83 1991 |
| Indian cooking unfolded : a master class in Indian cooking, with 100 easy recipes using 10 ingredients or less | Iyer, Raghavan | TX724.5 .I4 I938 2013 |
| Betty Crocker's Indian home cooking | Iyer, Raghavan Narasimhan | TX724.5.I4 I8 2001 |
| He Named Me Malala |  | LC2330.H4 2015 DVD |

A short list of books by Asian Canadian authors from The Festival of Literary Diversity (FOLD):

<https://thefoldcanada.org/webinars-activities/the-reading-challenge/2021-fold-challenge-april/>

**From Research at a Glance, compiled by the Knowledge Management Team at Immigration, Refugees and Citizenship Canada**

Articles and Reports

Houshmand,S.,  Spanierman, L.B. & Tafarodi, R.W. 2014. Excluded and Avoided: Racial Microaggressions Targeting Asian International Students in Canada. *Cultural Diversity and Ethnic Minority Psychology* 20(3): 377-388. Available at: <http://www2.psych.utoronto.ca/users/tafarodi/Papers/CDEMP2014.pdf>

Park, T. 2021.Tacking Racism against Asian-Canadians as Multiculturalism turns 50. *Policy Options Options Politiques*. Available at: <https://policyoptions.irpp.org/magazines/march-2021/tackling-racism-against-asian-canadians-as-multiculturalism-turns-50/>

Roy, P. 2017. An Ambiguous Relationship: Anglicans and the Japanese in British Columbia, 1902-1949. *BC Studies*, No. 192 Winter 2016/17. Available at: <https://ojs.library.ubc.ca/index.php/bcstudies/article/view/187913>

Shamaly, S. 2020. The Quest for Autonomy: Transformations of South Asian Women Immigrants in Canada. Available at: <https://tspace.library.utoronto.ca/handle/1807/103190>